ECD 536: Introduction to Clinical Mental Health Counseling

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Approval Path
1. Thu, 27 Aug 2015 19:17:37 GMT
   Melissa Nosbisch (mlnosbis): Approved for 13ECI Grad Head
2. Fri, 28 Aug 2015 14:08:30 GMT
   Lance Fusarelli (lance_fusarelli): Approved for ldfusare
3. Fri, 11 Sep 2015 21:12:52 GMT
   Mary Morris (mmmratin): Approved for CED CC Coordinator GR
4. Tue, 15 Sep 2015 17:49:38 GMT
   Mary Morris (mmmratin): Approved for CED CC Meeting GR
5. Tue, 15 Sep 2015 18:38:53 GMT
   Aaron Clark (aaron_clark): Approved for CED CC Chair GR
6. Tue, 15 Sep 2015 22:15:21 GMT
   Mary Morris (mmmratin): Approved for CED Final Review GR
7. Wed, 16 Sep 2015 14:00:37 GMT
   Ellen Vasu (ellen_vasu): Approved for CED Dean GR
   Mary Morris (mmmratin): Approved for mmmartin
   Melissa Nosbisch (mlnosbis): Rollback to mmmartin for ABGS Coordinator
10. Thu, 14 Jan 2016 18:47:10 GMT
    Siu-Man Ting (ting): Approved for ting
11. Thu, 14 Jan 2016 19:19:40 GMT
    Pauline Ellefson (pauline_ellefson): Approved for pvellefs
    Siu-Man Ting (ting): Approved for ting
    George Hodge (george_hodge): Approved for ABGS Coordinator
14. Mon, 08 Feb 2016 16:19:44 GMT
    George Hodge (george_hodge): Approved for ABGS Meeting

Date Submitted: Wed, 26 Aug 2015 18:47:51 GMT
Viewing: ECD 536 : Introduction to Clinical Mental Health Counseling
Changes proposed by: ting

Course Prefix
ECD (Counselor Education)

Course Number
536

Course ID
005872

Dual-Level Course
No

Cross-listed Course
No

Title
Introduction to Clinical Mental Health Counseling

Abbreviated Title
Intro to Clin Coun

College
College of Education

Academic Org Code
Curriculum, Instruction & Counselor (13ECI)

CIP Discipline Specialty Number
45.0701

CIP Discipline Specialty Title
Geography.

Term Offering
Fall and Spring

Year Offering
Offered Every Year

Effective Date
Spring 2016

Previously taught as Special Topics?
No

Course Delivery
Face-to-Face (On Campus)
Distance Education (DELTA)
Hybrid (Online/Face to Face)
Online (Internet)
Grading Method
Graded/Audit

Credit Hours
4

Course Length
16 weeks

Contact Hours (Per Week)
Component Type                  Contact Hours
Lecture                        3.0
Laboratory                     2.0

Course Is Repeatable for Credit
No

Instructor Name
Dr. Marc Grimmett

Instructor Title
Associate Professor

Grad Faculty Status
Assoc

Anticipated On-Campus Enrollment
Open when course_delivery = campus OR course_delivery = blended OR course_delivery = flip

<table>
<thead>
<tr>
<th>Enrollment Component</th>
<th>Per Semester</th>
<th>Per Section</th>
<th>Multiple Sections?</th>
<th>Comments</th>
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</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>15</td>
<td>15</td>
<td>No</td>
<td>may have on-campus or online sections</td>
</tr>
<tr>
<td>Laboratory</td>
<td>15</td>
<td>15</td>
<td>No</td>
<td>may have on-campus or online sections</td>
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</tbody>
</table>

DELTA/Online Enrollment:
Open when course_delivery = distance OR course_delivery = online OR course_delivery = remote

<table>
<thead>
<tr>
<th>Delivery Format</th>
<th>Per Semester</th>
<th>Per Section</th>
<th>Multiple Sections?</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEC</td>
<td>15</td>
<td>15</td>
<td>No</td>
<td>may have on-campus or online sections</td>
</tr>
<tr>
<td>LAB</td>
<td>15</td>
<td>15</td>
<td>No</td>
<td>may have on-campus or online sections</td>
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</tbody>
</table>

Course Prerequisites, Corequisites, and Restrictive Statement
Prerequisite: Graduate Standing

Is the course required or an elective for a Curriculum?
No

Catalog Description
Issues, functions and scope of work being done in various clinical mental health programs; overview of helping approaches with selected client populations; related professional concerns. Instruction in and design of structured group work in laboratory.

Justification for each revision:

Change the title from Community Agency Counseling

The program has a new name: Clinical Mental Health Counseling. Therefore, we need to change the title of this introduction course as well.

Does this course have a fee?

No

Consultation

Instructional Resources Statement

No additional resources needed.

Course Objectives/Goals

This course focuses on issues, functions and scope of work being done in various human service agency programs; overview of helping approaches with selected client populations; related professional concerns and strategies. Students learn the multi-cultural approach in the clinical mental health services. Also, the students will receive instructions and will design an intervention through structured group work in laboratory.

Student Learning Outcomes

1. Demonstrate knowledge of the foundations of clinical mental health counseling
2. Demonstrate ability and apply knowledge related to ethical and legal standards and service delivery of clinical mental health counseling.
3. Understand and demonstrate knowledge, skills, and practices of counseling, prevention, and intervention in mental health service delivery
4. Understand and demonstrate appropriate use of assessment strategies and tools for effective clinical mental health services
5. Apply research findings to inform the practice of clinical mental health counseling
6. Discuss the impact of trauma-causing events and emergency management
7. Demonstrate effective strategies to support client advocacy and influence public policy
8. Demonstrate knowledge about substance use disorders and assessment

Student Evaluation Methods

<table>
<thead>
<tr>
<th>Evaluation Method</th>
<th>Weighting/Points for Each</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Short Paper</td>
<td>100</td>
<td>PIBs: Write five short essays (PIBs) to reflect on practical information about mental health services.</td>
</tr>
<tr>
<td>Project</td>
<td>100</td>
<td>Do the Right Thing: Interview a licensed counselor and write a report</td>
</tr>
<tr>
<td>Project</td>
<td>100</td>
<td>CSI Project: Visit a mental health services agency and write a report about their structure, programs, and services.</td>
</tr>
<tr>
<td>presentation</td>
<td>100</td>
<td>Power to People Project: Develop a topic in mental health services that can empower people and present it in the class.</td>
</tr>
<tr>
<td>Discussion</td>
<td>200</td>
<td>I'm Brilliant and I Know It! (IBIKII): Students will prepare two topics in mental health services and lead a group discussion on each topic. Each time a student can receive up to 100 points.</td>
</tr>
</tbody>
</table>
**Project 300**

The School-College-Community Collaboration (SC3) Project:
Student will work in groups on a collaboration project and design an intervention on counseling and mental health issues. The students will read a few articles and write three reflections short papers. Also, they will submit a written report and present their projects in the class.

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**Topical Outline/Course Schedule**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Time Devoted to Each Topic</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction/Course Overview</td>
<td>1st week</td>
<td>Course overview; and mental health profession and services reading ch. 1</td>
</tr>
<tr>
<td>Historical Overview</td>
<td>2nd week</td>
<td>historical overview, professional identity Reading &amp; PIB 1</td>
</tr>
<tr>
<td>School College - Community Collaboration</td>
<td>3rd week</td>
<td>SC3 collaboration meeting Reading &amp; Moodle &amp; PIB 2</td>
</tr>
<tr>
<td>Ethical Issues in Counseling</td>
<td>4th week</td>
<td>Ethical issues Reading &amp; Moodle &amp; Responses to questions from SC3 readings</td>
</tr>
<tr>
<td>Suicide Assessment &amp; Treatment Planning</td>
<td>5th week</td>
<td>Suicide assessment and treatment Readings on the Moodle &amp; PTP topic- group work</td>
</tr>
<tr>
<td>Multisystemic Therapy</td>
<td>6th week</td>
<td>multisystem therapy; guest lecture Chapters on the Moodle &amp; PIB 3 SC3 Group Scenario Selection</td>
</tr>
<tr>
<td>Family Counseling &amp; SC3 Group Work</td>
<td>7th week</td>
<td>family counseling group work Chapter 10 Reading + Moodle Articles &amp; PIB 4</td>
</tr>
<tr>
<td>Family counseling</td>
<td>8th week</td>
<td>family counseling group work Chapter 10 reading + Moodle Articles &amp; Knowledge Demonstration</td>
</tr>
<tr>
<td>Advocacy</td>
<td>9th week</td>
<td>Advocacy: guest lecture Chapter 8 reading + Moodle &amp; Do The Right Thing assignment</td>
</tr>
<tr>
<td>Sexual Assault &amp; Relationship Violence</td>
<td>10th week</td>
<td>Sexual assault and relationship violence guest lecture Chpts 11 &amp; 14 + Moodle Articles &amp; PIB 5</td>
</tr>
<tr>
<td>disaster mental health counseling and presentation</td>
<td>11th week</td>
<td>SC3 group presentation Lessons from Katrina article on Moodle &amp; SC3 Project</td>
</tr>
<tr>
<td>use of TEchnology and Presentations Part 2</td>
<td>12th week</td>
<td>SC3 group presentation Chapter on the Moodle &amp; SC3 Project, CSI, SC3 Evaluation Form</td>
</tr>
<tr>
<td>PTP Student Presentations and private practice</td>
<td>13th week</td>
<td>PTP group presentation Chapters 13 &amp; 14 readings</td>
</tr>
<tr>
<td>PTP Student Presentations</td>
<td>14th week</td>
<td>PTP group presentation Moodle Articles &amp; Power to the People</td>
</tr>
<tr>
<td>Last Class - Course Review</td>
<td>15th week</td>
<td>Course review and discussion on Practicum &amp; Internship</td>
</tr>
<tr>
<td>Finals Week</td>
<td>16th week</td>
<td>Knowledge Demonstration</td>
</tr>
</tbody>
</table>

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**Syllabus**

ECD 536_Intro_Clinic_Coun.pdf
Additional Comments

ghodge 9/17/2015 N/A and no change sections need to be completed. Information may be in syllabus, but also needs to be listed in the CIM fields. Syllabus indicates the last update was 1997. Perhaps it is time for an update. Why is this a 4 credit hour course? Syllabus does not show a lab. Return to department for update.

ghodge 11/11/2015 see my comments attached as additional documentation. Return to program for edits.

Ting. 1/13/2016 changes and corrections were made accordingly

ghodge 1/20/2016 Changes look good. But, I can not determine from the syllabus what is the 2 hour lab. Student evaluation methods do not describe the lab. Return to department for clarification.

ting: 1/20/2016 A statement about the counseling lab class is added to the syllabus, end of first paragraph on p. 12: “Students meet in groups outside of class time for about 2 hours weekly in a counseling laboratory for this project.” Students attend the lab, discuss, and complete the SC3 project.

ghodge 2/1/2016 Ready for ABGS reviewers.

ABGS Reviewer comments:
-effective date is Spring 2016, is this correct? (Yes)
-how will DE students meet attendance requirements, lead discussions, and work on group projects?

ghodge 2/8/2016 Ready for ABGS meeting

Course Reviewer Comments


mmmartin (Tue, 13 Oct 2015 17:53:53 GMT): This course meets CACREP new standard requirements.

mmmartin (Wed, 14 Oct 2015 20:59:35 GMT): This course meets the CACREP new revised standards.


Key: 1683