# ECD 536: Introduction to Clinical Mental Health Counseling

# In Workflow

- 1. 13ECI Grad Head (psztajn@ncsu.edu)
- 2. ldfusare (lance\_fusarelli@ncsu.edu)
- 3. CED CC Coordinator GR (mmmartin@ncsu.edu)
- 4. CED CC Meeting GR (mmmartin@ncsu.edu)
- 5. CED CC Chair GR (aaron\_clark@ncsu.edu)
- 6. CED Final Review GR (mmmartin@ncsu.edu)
- 7. CED Dean GR (ellen\_vasu@ncsu.edu)
- 8. ting (ting@unity.ncsu.edu)
- 9. pvellefs (pauline\_ellefson@ncsu.edu)
- 10. ting (ting@unity.ncsu.edu)
- 11. ABGS Coordinator (george\_hodge@ncsu.edu; lian\_lynch@ncsu.edu; mlnosbis@ncsu.edu)
- 12. ABGS Meeting (george\_hodge@ncsu.edu; lian\_lynch@ncsu.edu; mlnosbis@ncsu.edu)
- 13. ABGS Chair (george\_hodge@ncsu.edu; lian\_lynch@ncsu.edu; mlnosbis@ncsu.edu)
- 14. Grad Final Review (george\_hodge@ncsu.edu; lian\_lynch@ncsu.edu; mlnosbis@ncsu.edu)
- 15. PeopleSoft (Idmihalo@ncsu.edu; blpearso@ncsu.edu; Charles\_Clift@ncsu.edu; jmharr19@ncsu.edu; Tracey\_Ennis@ncsu.edu)

# **Approval Path**

- 1. Thu, 27 Aug 2015 19:17:37 GMT Melissa Nosbisch (mlnosbis): Approved for 13ECI Grad Head
- Fri, 28 Aug 2015 14:08:30 GMT Lance Fusarelli (lance\_fusarelli): Approved for ldfusare
- Fri, 11 Sep 2015 21:12:52 GMT Mary Morris (mmmartin): Approved for CED CC Coordinator GR
- Tue, 15 Sep 2015 17:49:38 GMT Mary Morris (mmmartin): Approved for CED CC Meeting GR
- 5. Tue, 15 Sep 2015 18:38:53 GMT Aaron Clark (aaron\_clark): Approved for CED CC Chair GR
- 6. Tue, 15 Sep 2015 22:15:21 GMT Mary Morris (mmmartin): Approved for CED Final Review GR
- 7. Wed, 16 Sep 2015 14:00:37 GMT Ellen Vasu (ellen\_vasu): Approved for CED Dean GR
- 8. Tue, 27 Oct 2015 19:29:17 GMT Mary Morris (mmmartin): Approved for mmmartin
- Wed, 11 Nov 2015 15:33:32 GMT Melissa Nosbisch (mlnosbis): Rollback to mmmartin for ABGS Coordinator
- 10. Thu, 14 Jan 2016 18:47:10 GMT Siu-Man Ting (ting): Approved for ting
- 11. Thu, 14 Jan 2016 19:19:40 GMT Pauline Ellefson (pauline\_ellefson): Approved for pvellefs
- 12. Wed, 20 Jan 2016 17:19:18 GMT Siu-Man Ting (ting): Approved for ting
- Mon, 01 Feb 2016 20:37:28 GMT George Hodge (george\_hodge): Approved for ABGS Coordinator
- 14. Mon, 08 Feb 2016 16:19:44 GMT George Hodge (george\_hodge): Approved for ABGS Meeting

Date Submitted: Wed, 26 Aug 2015 18:47:51 GMT

# Viewing: ECD 536 : Introduction to Clinical Mental Health Counseling

Changes proposed by: ting

#### **Course Prefix**

ECD (Counselor Education)

# **Course Number**

536

# Course ID

005872

# **Dual-Level Course**

No

# **Cross-listed Course**

No

# Title

Introduction to Clinical Mental Health Counseling

# Abbreviated Title

Intro to Clin Coun

College

College of Education

# Academic Org Code

Curriculum, Instruction & Counselor (13ECI)

# **CIP Discipline Specialty Number**

45.0701

# CIP Discipline Specialty Title

Geography.

# **Term Offering**

Fall and Spring

# Year Offering

Offered Every Year

#### **Effective Date**

Spring 2016

Previously taught as Special Topics?

No

# **Course Delivery**

Face-to-Face (On Campus) Distance Education (DELTA) Hybrid (Online/Face to Face) Online (Internet)

#### **Grading Method**

Graded/Audit

**Credit Hours** 

4

#### Course Length

16

#### weeks

# Contact Hours (Per Week)

Component Type	<b>Contact Hours</b>
Lecture	3.0
Laboratory	2.0

#### Course Is Repeatable for Credit

No

## Instructor Name

Dr. Marc Grimmett

#### Instructor Title

Associate Professor

# **Grad Faculty Status**

Assoc

#### **Anticipated On-Campus Enrollment**

Open when course\_delivery = campus OR course\_delivery = blended OR course\_delivery = flip

Enrollment Component	Per Semester	Per Section	Multiple Sections?	Comments
Lecture	15	15	No	may have on-campus or online sections
Laboratory	15	15	No	may have on-campus or online sections

#### **DELTA/Online Enrollment:**

Open when course\_delivery = distance OR course\_delivery = online OR course\_delivery = remote

Delivery Format	Per Semester	Per Section	Multiple Sections?	Comments
LEC	15	15	No	may have on-campus or
				online sections
LAB	15	15	No	may have on-campus or
				online sections

#### **Course Prerequisites, Corequisites, and Restrictive Statement**

Prerequisite: Graduate Standing

Is the course required or an elective for a Curriculum?

No

# **Catalog Description**

Issues, functions and scope of work being done in various clinical mental health programs; overview of helping approaches with selected client populations; related professional concerns. Instruction in and design of structured group work in laboratory.

#### Justification for each revision:

Change the title from Community Agency Counseling

The program has a new name: Clinical Mental Health Counseling. Therefore, we need to change the title of this introduction course as well.

#### Does this course have a fee?

No

#### Consultation

#### Instructional Resources Statement

No additional resources needed.

#### **Course Objectives/Goals**

This course focuses on issues, functions and scope of work being done in various human service agency programs; overview of helping approaches with selected client populations; related professional concerns and strategies. Students learn the multi-cultural approach in the clinical mental health services. Also, the students will receive instructions and will design an intervention through structured group work in laboratory.

#### **Student Learning Outcomes**

1.

- 2. Demonstrate knowledge of the foundations of clinical mental health counseling
- 3. Demonstrate ability and apply knowledge related to ethical and legal standards and service delivery of clinical mental health counseling.
- 4. Understand and demonstrate knowledge, skills, and practices of counseling, prevention, and intervention in mental health service delivery
- 5. Understand and demonstrate appropriate use of assessment strategies and tools for effective clinical mental health services
- 6. Apply research findings to inform the practice of clinical mental health counseling
- 7. Discuss the impact of trauma-causing events and emergency management
- 8. Demonstrate effective strategies to support client advocacy and influence public policy
- 9. Demonstrate knowledge about substance use disorders and assessment

#### **Student Evaluation Methods**

Evaluation Method	Weighting/Points for Each	Details
Short Paper	100	PIBs: Write five short essays (PIBs) to reflect on practical information about mental health services.
Project	100	Do the Right Thing: Interview a licensed counselor and write a report
Project	100	CSI Project: Visit a mental health services agency and write a report about their structure, programs, and services.
presentation	100	Power to People Project: Develop a topic in mental health services that can empower people and present it in the class.
Discussion	200	I'm Brilliant and I Know It! (IBIK!!): Students will prepare two topics in mental health services and lead a group discussion on each topic. Each time a student can receive up to 100 points.

300

The School-College-Community Collaboration (SC3) Project: Student will work in groups on a collaboration project and design an intervention on counseling and mental health issues. The students will read a few articles and write three reflections short papers. Also, they will submit a written report and present

their projects in the class.

**Topical Outline/Course Schedule** 

Торіс	Time Devoted to Each Topic	Activity
Introduction/Course Overiew	1st week	Course overview; and mental health profession and services reading ch. 1
Historical Overiew	2nd week	historical overview, professional identity Reading & PIB 1
School College - Community Collaboration	3rd week	SC3 collaboration meeting Reading & Moodle & PIB 2
Ethical Issues in Counseling	4th week	Ethical issues Reading & Moodle & Responses to questions from SC3 readings
Suicide Assessment & Treatment Planning	5th week	Suicide assessment and treatment Readings on the Moodle & PTP topic- group work
Multisystemic Therapy	6th week	multisystem therapy: guest lecture Chapters on the Moodle & PIB 3 SC3 Group Scenario Selection
Family Counseling & SC3 Group Work	7th week	family counseling group work Chapter 10 Reading + Moodle Articles & PIB 4
Family counseling	8th week	family counseling group work Chapter 10 reading + Moodle Articles & Knowledge Demonstration
Advocacy	9th week	Adovcacy: guest lecture Chapter 8 reading + Moodle & Do The Right Thing assignment
Sexual Assault & Relationship Violence	10th week	Sexual assault and relationship violence guest lecture Chpts 11 & 14 + Moodle Articles & PIB 5
disaster menthal health counseling and presentation	11th week	SC3 group presentation Lessons from Katrina article on Moodle & SC3 Project
use of TEchnology and Presentations Part 2	12th week	SC3 group presentation Chapter on the Moodle & SC3 Project, CSI, SC3 Evaluation Form
PTP Student Presentations and private practice	13th week	PTP group presentation Chapters 13 & 14 readings
PTP Student Presentations	14th week	PTP group presentation Moodle Articles & Power to the People
Last Class - Course Review	15th week	Course review and discussion on Practicum & Internship
Finals Week	16th week	Knowledge Demonstration
Syllabus		

ECD 536\_Intro\_Clinic\_Coun.pdf

#### **Additional Documentation**

Ghodge comments ECD 536.docx

#### **Additional Comments**

ghodge 9/17/2015 N/A and no change sections need to be completed. Information may be in syllabus, but also needs to be listed in the CIM fields. Syllabus indicates the last update was 1997. Perhaps it is time for an update. Why is this a 4 credit hour course? Syllabus does not show a lab. Return to department for update

ghodge 11/11/2015 see my comments attached as additional documentation. Return to program for edits. Ting. 1/13/2016 changes and corrections were made accordingly

ghodge 1/20/2016 Changes look good. But, I can not determine from the syllabus what is the 2 hour lab. Student evaluation methods do not describe the lab. Return to department for clarification.

ting: 1/20/2016 A statement about the counseling lab class is added to the syllabus, end of first paragraph on p. 12: "Students meet in groups outside of class time for about 2 hours weekly in a counseling laboratory for this project." Students attend the lab, discuss, and complete the SC3 project.

ghodge 2/1/2016 Ready for ABGS reviewers.

ABGS Reviewer comments: -effective date is Spring 2016, is this correct? (Yes) -how will DE students meet attendance requirements, lead discussions, and work on group projects?

ghodge 2/8/2016 Ready for ABGS meeting

#### **Course Reviewer Comments**

mmmartin (Wed, 07 Oct 2015 18:30:54 GMT): ECD 536 does fulfill Council for Accreditation of Counseling and Related Educational Programs (CACREP) Standards.

mmmartin (Tue, 13 Oct 2015 17:53:53 GMT): This course meets CACREP new standard requirements. mmmartin (Wed, 14 Oct 2015 20:59:35 GMT): This course meets the CACREP new revised standards. mInosbis (Wed, 11 Nov 2015 15:33:32 GMT): Rollback: Rollback to department for further revision.

Key: 1683