

# Mentoring Thesis and Doctoral Students: The Role of Personality Traits

Peter J. Harries, Michael P. Carter, and Maureen Grasso

The Graduate School, NC State University, 1020 Main Campus Dr., Raleigh, NC 27695-7102

#### Abstract

Though studies in the mentoring literature suggest that personality traits affect the quality of mentor-mentee relationships, we could find no studies addressing the role of these traits in advisor-advisee relationships in doctoral education. In a survey of dissertation advisors and advisees we asked them to select from a list the five traits they most valued in the other group. Using these selections, we ranked the traits for each group and provided a cluster analysis of the traits to reveal the broader patterns in the data.

### **Major Questions**

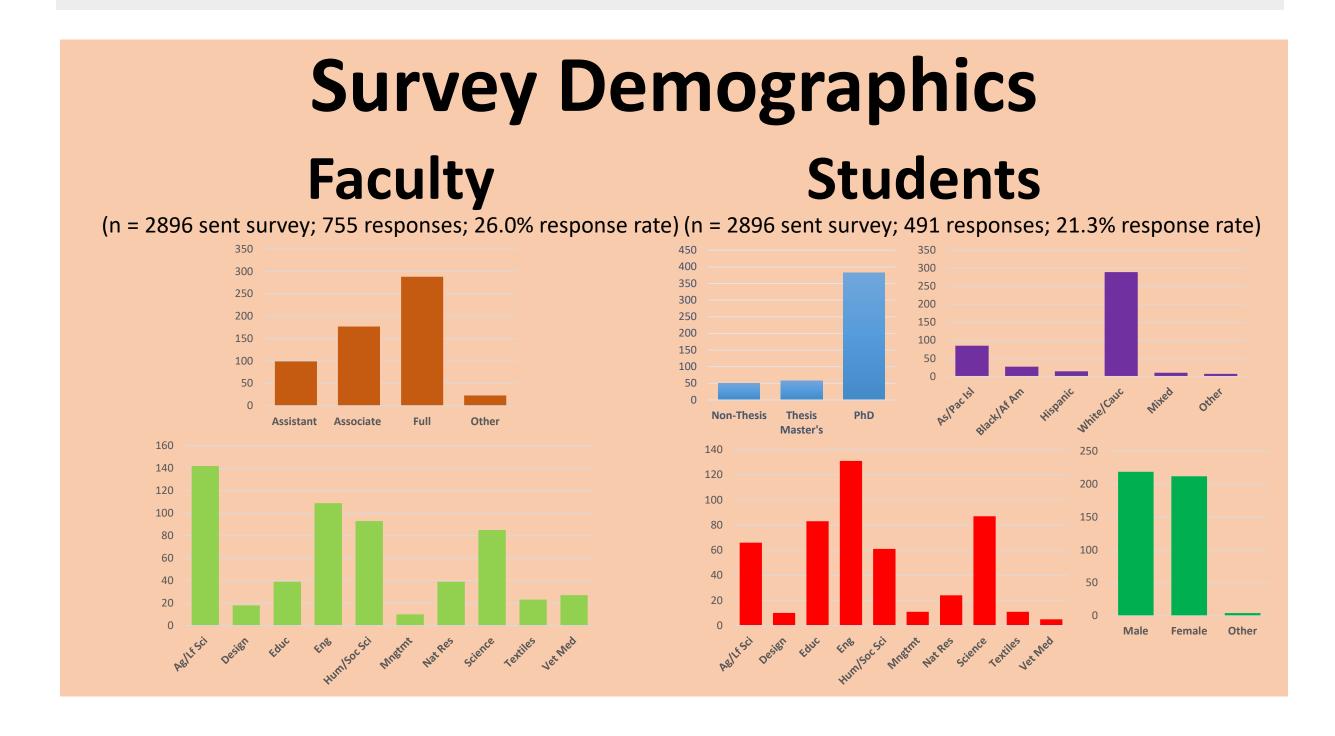
- What range of personality traits are viewed as most desired in mentors and mentees?
- Is there consistency between the expectations of what mentors and mentees expect from each other?

### Methodology

In the Fall of 2015, an IRB-approved survey focused on various aspects of mentoring was sent to all members of the Graduate Faculty at NC State as well as to two different student populations:

- 1. Thesis master's students in at least their second year (although some had converted to non-thesis)
- 2. PhD students in at least their third year

Although the survey focused on a range of different personality traits that advisors and students valued and how they dealt with advisors that did not match their expectations in terms of those traits, it also asked a range of questions related to other aspects of the mentoring relationships, which are beyond the scope of this presentation.



## **Evaluation of the Importance of Traits Displayed by Advisors**

**Group Making the Evaluation** 

	Advisees		Advisors	
Attributes of Advisors	Percent	Count	Percent	Count
Effective	7.030/	171	7 220/	212
communicator/listener	7.02%	171	7.22%	212
Approachable	6.69%	163	7.26%	213
Encouraging	6.65%	162	7.60%	223
Aware of advisee's goals	6.37%	155	4.46%	131
Willing to share expertise	6.08%	148	5.01%	147
Accessible	5.83%	142	5.32%	156
Responsive	5.34%	130	4.33%	127
Clear expectation setter	5.05%	123	6.95%	204
Constructive	4.93%	120	5.96%	175
Meets regularly with students	4.39%	107	6.30%	185
Professional	4.23%	103	5.25%	154
Willing to assist	3.53%	86	5.01%	147
Available	3.53%	86	3.41%	100
Goal-oriented	3.37%	82	2.15%	63
Open-minded	3.00%	73	2.56%	75
Organized	2.75%	67	2.45%	72
Good follow through	2.22%	54	2.04%	60
Good time management	2.05%	50	1.09%	32
Good understanding of policies	1.85%	45	1.53%	45
Patient	1.60%	39	2.79%	82
Good sounding board	1.56%	38	1.70%	50
Credible	1.56%	38	1.29%	38
Attentive	1.48%	36	1.36%	40
Empathetic	1.36%	33	1.33%	39
Honorable	1.31%	32	1.23%	36
Understanding	1.27%	31	0.85%	25
Humble	1.19%	29	0.48%	14
Balanced	1.15%	28	0.68%	20
Compassionate	1.11%	27	0.85%	25
Diligent	0.82%	20	0.48%	14
Firm	0.41%	10	0.78%	23
Ability to compartmentalize	0.29%	7	0.27%	8

#### Results

Scale (rankings)

Top 5

5 to 10

11 to 15

16 to 20

21 to 25

≥26

## **Evaluation of the Importance of Traits Displayed by Advisees**

**Group Making the Evaluation** 

**Advisees Attributes of Advisees** Percent Percent Count Count 7.81% 11.66% Self-motivated 10.32% 3.04% Curious/Inquisitive 6.36% 4.30% Effective communicator Analytical 6.22% 2.52% Show initiative 155 2.44% 5.30% 5.56% 4.99% Committed Responsible 4.92% 7.81% Disciplined 4.58% 3.75% Aware of expectations, 4.41% requirements, and responsibilities Enthusiastic 4.41% 45 5.40% Driven/goal-oriented 4.38% Organized 4.46% 4.34% 113 Good time management 4.07% 6.35% Willingness to accept 3.93% 7.57% 115 192 criticism 3.23% 2.91% Proactive 2.64% Diligent 2.87% Adaptive 2.67% 3.47% **Professional** 2.67% 3.19% 2.76% Ambitious 2.22% In regular contact 1.98% Reflective **Balanced** Cognizant of 3.59% 1.03% strengths/weaknesses 4.73% Advocate for themselves 120 35 Assertive

### Conclusions

- With a few notable exceptions, the ranking of advisor traits is remarkably similar between advisees and advisors
  - Advisees ranked awareness of advisee's goals much higher than did advisors.
  - Advisors ranked being a clear expectation setter and having regular meetings with students as critical elements, whereas those were ranked somewhat lower by advisees.
- The ranking of advisee traits, however, suggests that the expectations of advisors differ substantially from students' views of what they believe advisors favor.
  - Advisors ranked various aspects closely related to research and independence much higher than advisees did.
  - Advisees ranked more 'functional' aspects as traits advisors favored.
  - The noted differences in expectations between what advisors and what advisees feel they expect likely leads to significant issues that impact graduate student success in research programs.